



# Pembroke Post

Pembroke House Surgery, 266-268 Torquay Road, PAIGNTON 01803 553558 \* Parkhill Surgery, Parkhill Road, TORQUAY 01803 212489  
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SEPTEMBER 2019



**FLU SEASON IS HERE—BOOK YOUR APPOINTMENT NOW**  
**CALL US ON 01803 553558 or 01803 212489**



## Who should have the flu vaccine?

Flu is an unpredictable virus that can be unpleasant. It can cause severe illness and even death among vulnerable groups including older people, pregnant women and people with an underlying health condition such as:

- ✓ Chronic liver disease such as hepatitis
- ✓ Chronic neurological conditions such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), learning disability or cerebral palsy
- ✓ Diabetes
- ✓ Problems with your spleen – for example sickle cell disease or if you have had your spleen removed
- ✓ A weakened immune system as the result of conditions such as HIV and AIDS or medication such as steroid tablets or chemotherapy
- ✓ Being seriously overweight (BMI of 40 or above)

### Flu vaccine for children

- ✓ Children over the age of 6 months with a long-term health condition
- ✓ Children aged 2 and 3 years on 31 August 2019 – that is, born between 1 September 2015 and 31 August 2017
- ✓ Children in primary school (given at school)

### Anybody over the age of 65

You are eligible for the flu vaccine this year if you are aged 65 and over on 31 March 2020 – that is, you were born on or before 31 March 1955. So, if you are currently 64 but will be 65 on 31 March 2020, you do qualify!



## Why have your vaccination at YOUR GP surgery?

- ✓ We offer a setting where we can check your medical records and make sure you get the most suitable vaccine.
- ✓ We can offer protection for those who may be forgetful by reducing the risk of duplication in vaccines being administered.
- ✓ We offer a fast, efficient and friendly flu clinic service with your local surgery team (and we really enjoy our flu clinic sessions, it gives us a nice break from our 'normal' work).
- ✓ We can ensure continuity of care for our patients and carers (we know you already).

We have already ordered a flu vaccination for all of the eligible patients registered with us. We have to do this and assure NHS England we have enough vaccines for everyone.

We have to buy the vaccines for you and we can only return limited numbers that go unused, the rest have to be paid for by the surgery.

**Please book your appointment to receive your vaccination with us, YOUR local GP surgery, we have bought your vaccine and want to protect you!**

# ST PAUL'S CHURCH FLU CLINIC

PRESTON, PAIGNTON

**SATURDAY 26th October 8.30am-12pm (no appointment necessary)**

*Why not make a morning of it and support the Karing charity! Tea, Coffee & Cake available along with a variety of stalls all run by volunteers.*



## A message from our GP Partners

*Its been an extremely busy period over the summer months and we appreciate you may have had some difficulty making an appointment. We have been working hard in the background to maintain our service but also to recruit new staff to strengthen our team.*

*Although we have been able to recruit some new doctors, GPs are becoming increasingly scarce and we are extending our team to include additional nurse practitioners and a paramedic.*

*We already have 2 regular pharmacists in our Group who help us with the many issues surrounding medicines and prescriptions, and we look forward to our new team supporting us in a similar way so that your enquiry will be passed to the most appropriate professional who may not necessarily be a GP.*

*Thank you for your understanding during this period of change.*

*We are really excited to introduce you to the new members of our team...*



**Dr Keira Goss**  
GP



**Dr Steph Dyer**  
Locum GP



**Dr Katie Warren**  
GP Registrar



**Dr Louise Marrs**  
GP Registrar



**Dr Joel Bowen**  
F2 GP



**Ling Shum**  
Pharmacist



**Emma Kelly**  
Pharmacist



**Kirstie Yelland**  
Nurse Practitioner



**Jennie Hossack**  
Nurse Practitioner



**Clare McKenning**  
Paramedic



## ONLINE APPOINTMENTS

To make life a little easier 25% of our bookable appointments are now available to book online!

**GP Face to Face appointments \* GP telephone consultations \* Flu vaccinations \* Blood Tests**

Please be aware that if booking a telephone consultation, the GP will call within a 2 hour period of the timeslot you have booked.

**Why wait in a queue for the telephone to be answered??**

Book appointments  
Request repeat medication  
Review your medical record  
**Any time of the day when using Patient Access**



Patient  
Access

Sign up at reception!

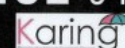
**PALACE THEATRE PAIGNTON**  
**SATURDAY 19TH OCTOBER 2019**

**KARING ON THE KUTTING EDGE**



**STARRING THE PEMBROKE MEDICAL GROUP**  
**BOX OFFICE 01803 665800**

Tickets £10  
Curtain up 5.30pm



Karing Voluntary Group  
Registered Charity No. 1028578  
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