

# Pembroke Post

Pembroke House Surgery, 266-268 Torquay Road, PAIGNTON 01803 553558 \* Parkhill Surgery, Parkhill Road, TORQUAY 01803 212489 EMAIL: enquiries.pembrokehouse@nhs.net

JUNE 2021

#### **COVID-19 VACCINATION UPDATE**



We are continuing to invite our patients to have their COVID-19 vaccinations.

We follow national guidance regarding who can be invited and are now **offering vaccines to all our patients aged 18 and over!** 

On 14 May 2021, the Joint Committee on Vaccination and Immunisation (JCVI) recommended that the second dose interval for patients in priority cohorts 1-9 be brought forward from 12 to 8 weeks, we are inviting our patients using these guidelines.

Please let us know if you are aged 18 or over and have not yet been invited for a vaccine or utilise our walk in clinics coming up!

Walk in vaccine clinics are taking place at the Riviera International Conference Centre, Torquay for:

- Aged 40 or under first dose
- Anyone who received a first dose PFIZER on or before 21st April 2021

Saturday 26th June 9am-12pm and Thursday 1st July 12pm-7pm NO APPOINTMENT NECESSARY!







# LET'S GET vaccinated!





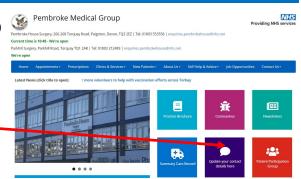


## ARE YOUR CONTACT DETAILS UP TO DATE?

Please remember that the majority of invitations we send for COVID vaccinations are by text message, therefore it is really important that we have your up to date contact details.

You can update your contact details

- √ From the front page of our website
- √ Via email: enquiries.pembrokehouse@nhs.net
- √ By telephone 01803 553558



### **DEMONSTRATING YOUR COVID-19 VACCINATION STATUS**

Please do not contact the surgery to gain access to your vaccination status.

There are a number of ways to access this information.

- 1. The free NHS App using a smartphone or tablet
- 2. The NHS Website www.covid-status.service.nhsx.nhs.uk where you can view your COVID-19 vaccinations and/or your COVID-19 tests
- Calling 119 to request a paper version of your COVID-19 vaccination status which will be sent in the post. This can be requested 5 days after having your second dose. This service is not recommended if you are travelling in more than 4 weeks' time.



# WELCOME TO OUR NEW PRIMARY CARE NETWORK STAFF



# SENIOR MENTAL HEALTH PRACTITIONERS GEORGINA

I am an Occupational Therapist, I trained at London South Bank University and have over twenty years' experience of working with people with mental health problems in a number of different settings including mental health wards and community mental health teams. My special interest areas are Personality Disorder and Trauma, as well as Neurodiverse conditions such as Autism.

#### **TARA**

I am a senior mental health practitioner and have worked in mental health for the last 11 years.

I trained as an occupational therapist at the University of Northampton and have worked in hospitals and community mental health teams.

I am really enjoying being at the surgery in a new role offering mental health support for individuals of all ages

# DIETICIAN JADE

I trained as a Dietitian at Cardiff Metropolitan
University and have worked in Torbay for 5-6 years in local community nursing, intermediate care and care home teams helping to support people who were finding it a challenge to eat or drink enough to keep them well.

If you are concerned about someone not eating or drinking enough and/or losing weight unintentionally, ask your GP to consider a referral to me for nutritional support and advice.

# **FIRST CONTACT PRACTITIONERS**

#### SALLY

I qualified from Brighton University 18 years ago and have been working in musculoskeletal (MSK) physiotherapy for over 12 years. I also work as a specialist orthopaedic physiotherapist.

As a First Contact Practitioner (FCP) I am able to assess, diagnose and recommend appropriate treatment or referral for musculoskeletal (MSK) problems.

### **STEPHANIE**

My aim is to make every contact count representing and providing a fast access high-quality physio service to patients within the practice. I have extensive post-graduate experience qualifying in 2010 and have worked as a senior specialist musculoskeletal physiotherapist for the local trust for the last nine years.

I am excited about the future of physios within Pembroke Medical Group.

ALL OF THESE NEW STAFF WORK ACROSS OUR PRIMARY CARE NETWORK WHICH MEANS THEY SPLIT THEIR WEEK ACROSS PEMBROKE MEDICAL GROUP, BE IT AT PEMBROKE HOUSE OR PARKHILL AND ARE ALSO SHARED BY COMPASS HOUSE IN BRIXHAM AND CHILCOTE SURGERY IN TORQUAY.

# National data opt out

There has been a lot in the press recently regarding data opt out and it can be very confusing!

All sorts of data is used every day in many situations, for example the News currently reports the number of new COVID cases daily, the number of vaccines given etc. Research helps know and understand new COVID variants. The data is collected from national systems for purposes like these.

As a patient you can stop your information being used for Planning or Research by applying a National Data Opt Out and/or a Type 1 Opt Out:

# YOUR DATA

helps...

Identify new treatments & medicine

Implement preventative care strategies

Prevent the spread of infectious diseases

Predict health outcomes

Analyse trends

Monitor long term safety & effectiveness of care

# Type 1 Opt Out

NHS Digital will not collect data from your GP practice. Your opt out must be registered before 1st Sept 2021. You can register after this date but any data extractions that take place before the date of your opt out will be held by NHS Digital. To do the Type 1 Opt Out complete the opt out form on our website www.pembrokehousesurgery.co.uk in the latest news section, or collect a form from reception.

## **National Data Opt Out**

means that NHS Digital will not share any confidential patient data it holds but will collect data from your GP medical record to use for its own planning and research purposes. To do the National Data Opt Out, register your preference at <a href="https://www.nhs.uk/your-nhs-data-matters/">https://www.nhs.uk/your-nhs-data-matters/</a>