



Pembroke Post

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MARCH 2022

We are sad to announce that after 44 years of dedicated service to General Practice, on 31st March Dr Phil Green will be hanging up his stethoscope.



We would like to express what an honour it has been to work with such a special man and doctor who is committed to providing the best possible care to our patients

We take this opportunity to congratulate him on his outstanding career in the NHS, and wish him all the very best for a long, happy, healthy retirement.

We know the news of Dr Green's retirement will be sad for many and we wish to assure you that our intention is to continue to provide the high quality care you are used to.



WE HAVE EXPANDED OUR TEAM ONCE MORE, WELCOME TO SOME OF OUR NEW FACES

INTRODUCING...



YVONNE, an Advanced Nurse Practitioner who is leading our team of Nurse Practitioners and Allied Health Professionals including the Paramedics, Physiotherapists and Senior Mental Health workers.

SAM & STUART, Paramedics, supporting our clinical team, you may have met them already if you have needed a home visit!

MARIE is our new Lead Nurse, Marie brings a wealth of nursing experience with her and looks after our team of Nurses, HCAs and Phlebotomists.

ANGIE & JOHN have joined Hayley within the pharmacy technician team. Amongst other things they spend their time updating medication changes, reconciling medication on hospital discharge summaries and speaking to patients who may have concerns/problems with new medication, repeat dispensing, stock problems and medication reviews.

CLAIRE, our new Carer Support Worker who offers support to carers registered at the surgery, Claire has replaced Ros who has recently retired, Claire has worked with us before so you may recognise her!

MY PLANNED CARE

For helpful information and guidance on waiting times for a hospital consultation, treatment or surgery follow this link

www.myplannedcare.nhs.uk

Choose the area of the country and the hospital followed by the speciality.

The expected waiting time will be displayed.



Pembroke Medical Group		Extended Access
8am-6pm	Thursday 14th April	6pm-8pm (Pembroke House)
CLOSED	Good Friday	8am-6pm (Pembroke House)
8am-12.30pm (Pembroke House)	Saturday 16th April	8am-6pm (Pembroke House)
CLOSED	Easter Sunday	8am-1pm (Pembroke House)
CLOSED	Easter Monday	8am-6pm (Pembroke House)
8am-6pm	Tuesday 19th April	6pm-8pm (Compass House)

EXTENDED ACCESS

We are delighted to announce we will be restarting evening & weekend appointments as part of a collaboration with other local surgeries from **3rd April 2022**

Evening & Weekend
Appointments
coming soon

Evening appointments will run between 6pm-8pm and will be held at:

Monday—Chilcote Surgery, Torquay
Tuesday—Compass House, Brixham
Wednesday—Pembroke House, Paignton
Thursday—Parkhill Surgery, Torquay
Friday—Pembroke House, Paignton

Saturday—Pembroke House, Paignton 8am-6pm
Sunday—Pembroke House, Paignton 8am-1pm

All Pembroke Medical Group patients can pre-book these appointments
This is not a walk in service, to book an appointment please contact reception.

VACCINATION UPDATE

An additional booster dose of the COVID-19 vaccine **given six months after the last dose** will be offered to all adults over 75 years old, residents in care homes for older adults and to the most vulnerable over 12 year olds.

We will be helping deliver these vaccines from The Riviera International Centre in Torquay **from 21st March 2022**. You will receive an invite for this booster. To book an appointment please call 119 or visit <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

We will be using the Pfizer & Moderna vaccines for these boosters. The vaccine we are giving each day will depend on the delivery we receive. Pfizer and Moderna are very similar vaccines, both containing mRNA which makes the spike protein.

Once the vaccine is in the body, cells pick up the mRNA and follow the instructions to make spike proteins. The cell displays the spike protein on its outer surface similar to the way a coronavirus does. When the immune system sees the spike protein, it recognises it as an intruder and begins building antibodies against it.



Healthy 5-11 year olds

We will be offering Pfizer vaccines at the Riviera Centre from Monday 4th April!

*Invites will be sent from the surgery by text message,
if you don't have a mobile phone number on record
please contact us to book!*



IS YOUR COVID PASSPORT UP TO DATE?

If you had a covid vaccination abroad you can now have this added to your COVID passport!

Greendale Vaccination Centre in Exeter is now running some dedicated clinics for people who had their COVID-19 vaccine outside of England, so the details can be validated and added to the vaccination record.

To book an appointment call 119 or visit www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/tell-nhs-about-coronavirus-vaccinations-abroad