



Pembroke Post

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SEPTEMBER 2022



FLU SEASON IS ALMOST HERE!

In the recent heatwave that we have experienced in Torbay it does not seem natural to think of the winter and colder time of year, however it will be here before we know it! So lets get organised!



2022 ELIGIBILITY!

Initially

Aged 65 years and over
Aged six months to 64 years in clinical 'at risk' groups
All children aged 2 and 3 years on 31st August 2022
Pregnant women
Carers
Close contacts of immunocompromised individuals
Patients in long-stay residential care homes

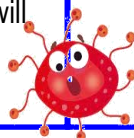
Additionally

50 to 64 year olds not in clinical risk groups (including those who turn 50 by 31 March 2023) **will be eligible for vaccination from 15th October 2022, to ensure the clinical prioritisation of those most at risk from flu.**

School Vaccines

All children aged 4 to 10 on 31 August 2022
(i.e. up to school Year 6)

Later in the year, Secondary school-aged children focusing on years 7, 8 and 9 and any remaining vaccine will be offered to years 10 and 11, subject to vaccine availability.



ADULT FLU CLINICS

This year our adult flu clinics will be held at

St Pauls Church Hall, Preston, Paignton

We are offering 3 dates for these popular clinics

24th September, 1st October and 15th October

8.30am—1pm

There are also clinics being held every day at Pembroke House Surgery, Paignton or Parkhill Surgery, Torquay.

Book early to ensure your space!

UNDER 18 FLU CLINICS

Child flu clinics are being held on Saturday 10th & 17th September at Pembroke Surgery.

These appointments are for our patients who are ages 2 & 3 years or under 18 years at risk.



We are inviting our patients by text message, over the coming weeks. However if you are in the initial cohort and have not yet received an invite please go ahead and book anyway.

All appointments are available to book online using the Patient Access or NHS App, alternatively call us on 01803 553558 choosing option 1 (no other enquiries can be made using this option).

Be winter-ready

Get the flu vaccine



65 & Over



2 & 3 years



18-64 at risk

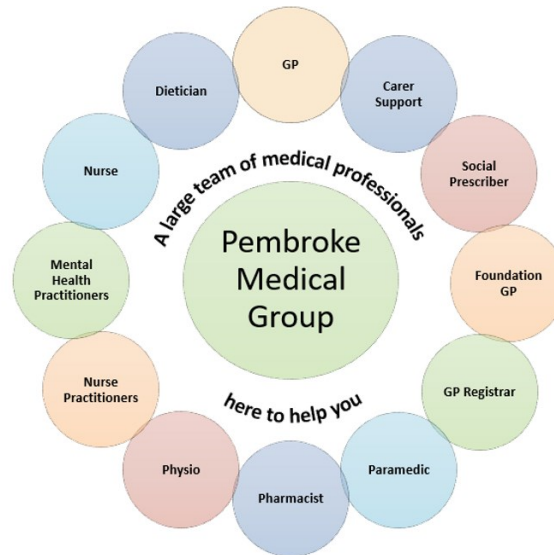


Pregnant

OUR TEAM IS MULTI DISCIPLINARY

At Pembroke Medical Group our healthcare team is what's known as multidisciplinary.

A multidisciplinary team is a group of health care workers who are members of different disciplines/ Professions (e.g. Paramedics, Physiotherapists, Mental Health Practitioners, Nurse practitioners etc.) each providing specific services to the patient.



Often patients think they need to see a GP. With our diverse team, a GP is not always the most appropriate person to see.

We have a range of highly skilled and qualified clinical professionals working together with our GPs to deliver high quality support for you, our patients and carers

EXTENDED ACCESS

From October 2022 the out of hours appointments that we offer will be as follows

Thursday & Friday 6pm—8pm at Pembroke House Surgery, Paignton
Saturday 8am—6pm
Sunday 9am—1pm



These appointments will be offered by GPs, Nurses and HCA's and are pre-bookable, if this is more convenient for you please ask reception at the time of booking

AUTUMN BOOSTER, COVID VACCINE

The primary aim of the COVID-19 autumn booster programme is to increase immunity in those at higher risk of severe COVID-19 during winter 2022 to 2023.

Autumn booster clinics are being held from 12th September at the Riviera International Conference Centre

Patients aged 75 years & over and patients who are immunocompromised can book from today.

Everyone else who is eligible for the booster will be able to book from 12th September.

Appointments can be booked via 119 or www.nhs.uk/online.

We will not be offering COVID & Flu vaccines at the same time at the Riviera Centre



New parking monitoring has been introduced at the Riviera Centre therefore we advise everyone attending for their vaccine, to purchase a parking ticket. We know this is inconvenient but it is outside of our control and we will not be able to help if fines are issued.

We are not planning any walk in clinics so to avoid disappointment — book an appointment!
(please ensure it is at least 3 months since your last vaccine)