



## Need help with the NHS App?

Come meet our Digital Buddies



The NHS App is a convenient way to book appointments, check your medical records and test results, and order repeat prescriptions.

If you have a smart phone and would like help to install the App and/ or learn how to use and get the most of it then digital buddies are here to support you.

This is a new initiative and Digital Buddies are Pembroke patients who are members of the Patient Participation Group. We will be available to chat to you at Pembroke and Parkhill Surgeries Monday and Tuesday mornings in February. Information on specific times are available at Reception.

We will be asking about your awareness and experience of the NHS App and inviting you to a free support session at Pembroke surgery on either 10 or 17 March.

You are welcome to drop into a session although it would be helpful to know attendance in advance. Invitation slips are available from the digital buddies or you can collect them from Parkhill and Pembroke reception. Alternatively please contact us at [pembrokedigital.buddies@nhs.net](mailto:pembrokedigital.buddies@nhs.net)

We look forward to seeing you.